

## Mid Section Strength



York STS Glute/Ham Bench is commercial product designed to be used with the whole of the York STS commercial range of gym equipment.

Price: £731.40

<http://www.gymratz.co.uk/sts-glute-ham-bench>



Heavy-duty Chin, Dip & Knee Raise Station for longevity in any training environment. Also suitable for freeweights gym wanting to perform dips and chins weighted.

Price £840.00

<http://www.gymratz.co.uk/jordan-chin-dip-knee-raise>

Gym Ratz - (Fitness Equipment UK)

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