

## Olympic Bars (Normal)



7ft Olympic Barbell 28mm Grip - 650kg max load. Great multi purpose /Cross fit bar

Price: £145.84

<http://www.gymratz.co.uk/barbell-28mm-chrome>



Apex Elite 7ft Olympic Bar, 28.5mm grip[. Self Lubricating bushing . Manganese phosphate coated shaft (650kg load rated)

Price: £199.83

<http://www.gymratz.co.uk/7ft-olympic-bar-apex-elite>



Economy Olympic 7ft Bar with 700 lb loading capacity. Suitable for most home gym requirements. Please note this is a base Olympic bar as included in our Olympic weight set however it's now made in York Barbell factory in Canada and the quality is a massive improvement on the original Chinese bar

Price: £82.50

<http://www.gymratz.co.uk/olympic-7ft-bar>



Olympic 6ft Power Rack Bar with internal width of 52", so ideal for use for both explosive lifts and use within a good-quality Olympic Width power rack, power cage or bench.

Price: £133.32

<http://www.gymratz.co.uk/olympic-squat-rack-bar-6ft-black>

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Commercial Grade 7' International Olympic Bar - 32mm thick and load tested to 650Kg this is a great bar for increasing deadlift performance through it's thicker grip and lack of whip when compared to a 28mm spring-steel comp. bar. Also great for Bench-press and Squats where rigidity and thickness...

Price: £207.50

<http://www.gymratz.co.uk/international-olympic-7ft-bar-480kg>



For me (Matt writing), the hard chrome International Curl Bar is more successful than an EZ bar achieving the objective of reducing strain on your wrists, rather than a straight bar. The reason, it's longer (measuring 1333mm) than an EZ bar with the grips appearing slightly wider and at less

Price: £62.50

<http://www.gymratz.co.uk/international-olympic-curl-bar>



First off, if you've found this page looking for trap bars (shrug bar, Gerard Trap Bar), please refine your search. The reason this bar's called a tricep & trap bar is the dual-use design, allowing regular tricep extensions/ skull crushers & narrow(ish) grip upright rows. Unusuall at a glance, but

Price: £75.83

<http://www.gymratz.co.uk/international-olympic-tricep-trap-bar>



With good reason, the Texas Deadlift Bar is the bar of choice for many of the worlds top powerlifters. Now, with manufacturing costs rising, the subsequent quality of general olympic bars has declined. The bars have declined enough that many weight trainers will appreciate the Texas Bars, despite

Price: £565.00

<http://www.gymratz.co.uk/texas-deadlift-bar>



Super tough olympic dumbbell handles. Lifetime guarantee and made in UK for GymRatZ. These dumbbell handles are made to the length of your choice from 12 Inches thorough to a whopping 22 inches long and with a 30mm grip for comfort and ultimate product strength.

Price from £120.00

<http://www.gymratz.co.uk/gr-olympic-dumbbells>



It's been long considered by the average weight lifter that an olympic bar's an olympic bar, not so. I (Matt writing) highly recommend you try the Texas Bars – you will not regret it! Being in the fortunate position that we've tried most of the best strength training kit in the world, our

Price: £395.00

<http://www.gymratz.co.uk/texas-power-bar>



This Olympic EZ Curl Bar is made from an incredibly strong chromed steel for great durability.

RRP: ~~£90.00~~

**Our Price: £60.00**

You Save: £30.00 - 33 % Discount

<http://www.gymratz.co.uk/olympic-ez-curl-bar-steel>



Of the three renowned Texas Bars – Squat Bar, Deadlift Bar, Power Bar – the Texas Squat Bar is probably my (Matt writing) final/ last choice. Don't get me wrong, it's an excellent bar (just like the other two!), it's just the the Texas Power Bar is more than adequate for squatting. However, if

Price: £599.00

<http://www.gymratz.co.uk/texas-squat-bar>



Designed for powerlifters to perform squats and deadlifts. The 8ft olympic bar has a 32mm black zinc plated spring steel shaft with needle bearing sleeves and is rated to 700lb.

RRP: ~~£299.99~~

**Our Price: £245.00**

You Save: £54.99 - 18 % Discount

<http://www.gymratz.co.uk/8ft-olympic-power-bar>



The Men's competition bar is rated to 600kg, weighs 20kg, is 2.2m long, has a 28mm sprung steel shaft, and has steel sleeves with needle bearings. (soft knurling)

This bar is manufactured to the highest quality and has a lifetime warranty.

RRP: ~~£749.99~~

**Our Price: £659.00**

You Save: £90.99 - 12 % Discount

<http://www.gymratz.co.uk/competition-weightlifting-bar>



The ladies competition bar is rated to 400kg, weighs 15kg, is 2.05m long, has a 25mm sprung steel shaft, and has steel sleeves with needle bearings.

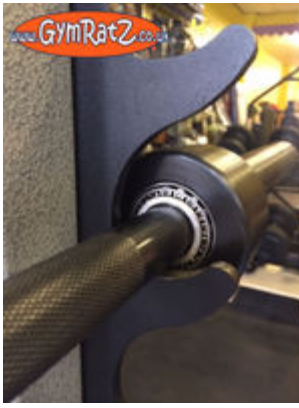
This bar is manufactured to the highest quality and has a lifetime warranty.

RRP: ~~£749.99~~

**Our Price: £549.00**

You Save: £200.99 - 27 % Discount

<http://www.gymratz.co.uk/ladies-competition-weightlifting-bar>



7ft olympic bar weighing 20kg. The Functional Training Bar benefits from a durable black oxide finish, sharp knurling, "flexy" shaft, and free-spinning ball bearing sleeves WITH end caps. A tough bar that's better-suited for "functional" / CrossFit style training than a generic olympic bar..

RRP: £249.99

**Our Price: £179.99**

You Save: £70.00 - 28 % Discount

<http://www.gymratz.co.uk/functional-training-bar>



The original Okie Power Bar designed by former Powerlifter Rickey Dale Crain (Powerlifting Hall of Fame'r). Okie Bars are recognised amongst the best bars in world and have been used at numerous elite level powerlifting competitions.

RRP: £395.00

**Our Price: £369.99**

You Save: £25.01 - 6 % Discount

<http://www.gymratz.co.uk/okie-power-bar>



With a narrow 25mm grip diameter, hard chrome finish, split-sleeve design weighing 15kg this York Barbell bar lends itself incredibly well to the CrossFit-style environment . For many years, this excellent bar was sold by York

Price: £240.83

<http://www.gymratz.co.uk/crossfit-training-bar-25mm>

WerkSan Lionfit Bar 7ft (20kg) - A supreme quality IWF accredited training bar made to professional standards

Price: £465.00

<http://www.gymratz.co.uk/werk-san-competition-weightlifting-bar>





The International 5ft Olympic Bar benefits from a grippy 44" long 30mm diameter shaft complimented by hard-chrome split-sleeves. This makes for a comfortable bar for use and a hard-wearing one too.

Price: £126.67

<http://www.gymratz.co.uk/international-5ft-olympic-bar>



Made from the highest grade North American steel with a minimum tensile of 190,000 PSI, the Men's 20kgs Elite Olympic Training Bar features ferrous bushings lubricated with Forway® facilitate free and constant rotation of the Olympic bar sleeves. Sleeves are finished to a precise 1.975" diameter.

Price: £331.67

<http://www.gymratz.co.uk/mens-20kgs-elite-olympic-training-bar>



Made from North American steel, this is York's slightly more rigid bar suitable for static lifts - so, in essence, an all-round bar for powerlifting - bench press, squats, deadlifts. With a well-knurled 29mm diameter shaft and the olympic sleeves are secured using a bar end nut and spring pin.

Price: £325.83

<http://www.gymratz.co.uk/elite-power-bar>



As per the steel 6ft "international" bar, the internal length of the shaft is 52"; therefore, the bar's suitable for practising technique on traditional on traditional olympic lifts and can be placed in an olympic-width rack.

Price: £85.00

<http://www.gymratz.co.uk/olympic-international-6ft-aluminium-technique-bar>



With a standard 28mm grip diameter, hard chrome finish, split-sleeve design (not bolt on!) this York Barbell Needle Roller-bearing bar lends itself well to the a controlled (not dropping) CrossFit-style environment or home traing

Price: £249.17

<http://www.gymratz.co.uk/crossfit-training-bar-28mm>



7ft Sprung Steel Pro-Bearing Olympic Bar with 6 bearings and dual snap ring closing system with a hard chrome finish.

Price: £175.00

<http://www.gymratz.co.uk/cross-fit-7ft-olympic-bar>



5ft, 6ft or 7ft Steel Olympic Bar with Bearings. Suitable for Olympic Benches and other freeweight use. (NOTE: Only the 7' bar is wide enough to be used in a full width Olympic bench or rack). Great Price entry level Olympic Bar suitable for home or light commercial use. Ideal for schools, clubs,

Price from £98.00

<http://www.gymratz.co.uk/olympic-bar-700lb>



Commercial quality tricep bar designed specifically for maximum concentration of those hard to hit Tricep muscles.

Price: £70.80

<http://www.gymratz.co.uk/olympic-tricep-bar-steel-series>



A unique & high grade Olympic Bar featuring precision bearings for a smoother rotation.

Price: £112.00

<http://www.gymratz.co.uk/super-curl-bar-steel-series-bearings>



Ladies Ultimate Bar tested to 450kg and weighing in at 15kg with Brass Bushing & Hardened Chrome finish.

Price: £233.25

<http://www.gymratz.co.uk/ladies-ultimate-bar-jordan>



Mens Ultimate Bar tested to 750kg and weighing in at 20kg with Brass Bushing & Hardened Chrome finish.

Price: £258.33

<http://www.gymratz.co.uk/mens-ultimate-bar-jordan>

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7ft Olympic bar featuring precision bearings for a smoother rotation and a hard steel finish for brilliant durability. 30mm grip makes for a premium bar ideal stiffness for rack work with enough flex for deadlift and Olympic Lifts

RRP: £280.00

**Our Price: £259.00**

You Save: £21.00 - 8 % Discount

<http://www.gymratz.co.uk/premium-olympic-bar-30mm-grip-7ft>

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Straight Olympic bar featuring precision bearings for a smoother rotation and a unique brushed steel finish for brilliant durability. These bars look great in any space!

Price: £105.00

<http://www.gymratz.co.uk/straight-olympic-bar-with-bearings-jordan-6ft>

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Straight Olympic bar featuring precision bearings for a smoother rotation and a unique brushed steel finish for brilliant durability. These bars look great in any space!

Price: £101.00

<http://www.gymratz.co.uk/straight-olympic-bar-with-bearings-jordan-5ft>

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Brushed steel training bar perfect for those wanting to learn the Olympic Lifts, without having to lift a full, 20kg Olympic bar.

Price: £122.33

<http://www.gymratz.co.uk/aluminium-training-bar-65kg-tested>

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A high quality, durable spring steel Olympic bar- heat treated to HB400.

Price: £265.00

<http://www.gymratz.co.uk/7ft-elite-olympic-bar-750kg-tested>

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Who doesn't need Dumbbells in their chosen strength and conditioning program ! These dumbbells are perfect for those whose workouts require a variety of exercises. 18"L approx 3kg. Each.

Price: £27.99

<http://www.gymratz.co.uk/olympic-18-dumbbell-handle>



Cheap and Cheerful - Imported 6' Shrug Bar. Whereas once the only shrug bar on the market was our own GymRatZ Trap Bar there is a myriad of copies and clones from China. Some better than others. The good thing is there's very little that can go wrong with these bars and there's....

Price: £200.00

<http://www.gymratz.co.uk/olympic-shrug-bar-gg>



A unique & high grade classic Olympic EZ Curl Bar featuring precision bearings for a smoother rotation.

Price: £145.00

<http://www.gymratz.co.uk/curl-bar-steel-series-bearings>



Silver Chrome Olympic 6ft Power Rack Bar with internal width of 52", so ideal for use for both explosive lifts and use within a good-quality Olympic Width power rack, power cage or bench.

Price: £125.83

<http://www.gymratz.co.uk/olympic-squat-rack-bar-6ft-silver>



Aluminium technique bar, ideal for beginners and children. 5kg in weight, rated to 20kg, 2010mm in length, and with a 25mm shaft.

Price: £165.00

<http://www.gymratz.co.uk/jordan-olympic-technique-bar>



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Commercial Grade 7' International Olympic Bar - 30mm thick and load tested to 650Kg this is a great bar for increasing deadlift performance through it's thicker grip and lack of whip when compared to a 28mm spring-steel comp. bar. Also great for Bench-press and Squats where rigidity and thickness...

Price: £199.99

<http://www.gymratz.co.uk/international-olympic-7ft-bar-30mm>

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