

Plate Load Back Machines



York's light-commercial Plate load lat machine. The York FTS Lat Machine allows you to swap between exercises (low or high pulley) without have to disconnect and reconnect cables.

Price: £478.33

<http://www.gymratz.co.uk/york-fts-lat-machine>



Tough, basic and durable GymRatZ T-Bar Row for full commercial freeweight gyms. The GymRatZ T-Bar Row can be made in a variety of frame colours to suit your gym colour scheme.

Price: £1,485.00

<http://www.gymratz.co.uk/gymratz-t-bar-row>



Heavy, heavy duty Iso Lat Row Machine. The upholstery's thick and durable and framework's constructed from heavy gauge steel. GymRatZ Iso Lat Row is a great way to really hit your back muscles hard. The movement's extremely comfortable and the multi-angle handles means you can vary your row style.

Price: £2,595.00

<http://www.gymratz.co.uk/gymratz-iso-lat-row>



GymRatZ Wall-Mounted Chinning Frame is made from solid steel and topped with a black powder coated paint finish, ensuring the GymRatZ Wall Mounted Chinning Frame will be a permanent fixture for gym goers to battle.

Price: £445.00

<http://www.gymratz.co.uk/gymratz-chin-bar>



The improvements of the Deluxe version of the Reverse Hyper Extension Bench, over our regular version can be seen in the video. The more elite environments favouring specialist equipment such as Glute Ham Bench, GRowler, Power Runner, Iso Machine's etc. have opted for the superb beefed up....

Price £2,665.00

<http://www.gymratz.co.uk/gymratz-professional-reverse-hyper-extension-bench>



The latest addition to the iso lateral GymRatZ custom strength range, hammer your lats with the Iso Lateral Low Row. Popular in both freeweight and sports gyms, the GymRatZ Iso stations provide the toughest specialist gym equipment at an affordable price.

Price: £2,595.00

<http://www.gymratz.co.uk/gymratz-iso-lateral-low-row>



Compact wall-mount chin bar from Exigo for full commercial use. As highlighted in the image above, the narrow-grip chin handles are positioned at 5 degrees for increased comfort.

Price: £91.63

<http://www.gymratz.co.uk/gq-wall-mount-chin-bar>



Personally (Matt writing), I'd be more inclined to refer to this bench as a Spyder Row, but we'll stick with Exigo suggestion of T-Bar Row with Chest Support, which is a fairly accurate description. There's three differing grips of the T-Bar Row with Chest Support for comfort

Price: £995.00

<http://www.gymratz.co.uk/gq-t-bar-row-chest-support>



Extended thigh pads with overlapping right-angle padding, make the Professional Hyper Extension Bench more comfortable for use with weight. A particular favourite of customers is using the Professional Hyper Extension Bench with the GymRatZ Safety Squat Bar to perform weighted hyper extensions

Price: £1,350.00

<http://www.gymratz.co.uk/gymratz-professional-hyper-extension-bench>

Image Unavailable

Classic-style T-Bar Row with wide footplate and sizeable front-loading weight horn. Made in the UK for full commercial gym use. Wide range of frame and upholstery colours available.

Price: £695.00

<http://www.gymratz.co.uk/gq-t-bar-row>



With independent arm movements becoming increasingly popular amongst sports people for more specific training, the Iso Lateral stations can be found in more and more specialist gyms and even a few more mainstream outfits now. The Iso Lateral Front Pulldown is one of our more recent requests.

Price: £3,010.00

<http://www.gymratz.co.uk/gymratz-iso-lateral-front-lat-pulldown>



Reverse Hyper Extension bench. A bit of a "specialist" item this one, along with other "specialist" gym equipment like the Glute Ham Bench and Poliquin Football Bar etc. Although the standard frame colour of the Exigo GQ range is silver, as with GymRatZ Commercial Gym Equipment, this can be

RRP: £1,489.00

Our Price: £1,050.00

You Save: £439.00 - 29 % Discount

<http://www.gymratz.co.uk/gq-reverse-hyper-extension>



A freeweight gym favourite - heavy shrugs. Now you can hit your traps even harder with this dual-use standing/seated shrug machine. Well suited to heavy-duty freeweight gyms. Of note, the plate-load horns are 400mm each.

Price: £2,125.00

<http://www.gymratz.co.uk/gymratz-standing-seated-shrug-machine>



Freestanding (so you weigh it down with weights!) Conan's Wheel for true strongman training. Renowned for making the heaviest duty kit in the UK, this is yet another strongman product in our arsenal. Also see: Log Bars, Car Lift Frame, Farmers Walk Handles, Axle Bars etc.

Price: £1,389.00

<http://www.gymratz.co.uk/conans-wheel>



Plate-load strongman-style leverage machines are becoming popular again of late, no more so than the deadlift/shrug machine, which presents a deadlift much like that of a car deadlift. With the neutral-grip and no crossbar in the way, the lift is much like using a trap/ shrug bar, so

Price: £2,125.00

<http://www.gymratz.co.uk/gymratz-deadlift-shrug-machine>



A customer of ours contacted us having found that his orthodox chin bar wasn't suitable for use with his latest P90X programme and required a chin bar that stood out further from the wall. He also considered that neutral-grip handles and eyelets for gym rings would be advantageous. Subsequently,

Price £279.97

<http://www.gymratz.co.uk/deluxe-wall-mount-chin-bar>



As with all GymRatZ Commercial Gym Equipment, the product's "beefed-up" and can handle as much weight as you can load. The pad's small, which provides a wide-enough chest support for stability without restricting the rowing movement.

Price: £995.00

<http://www.gymratz.co.uk/gymratz-t-bar-row-with-chest-support>



It's not very often you get a Deadlift/ Shrug Machine with independent arms, so this is a bit different and offers a very smooth arc of movement.

RRP from: ~~£1,295.00~~

Our Price £1,230.00

You Save: £65.00 - 5 % Discount

<http://www.gymratz.co.uk/gq-iso-deadlift-shrug-machine>



I don't think I've seen a better-looking Iso Lat Row than this. More importantly, it's built from heavy-gauge oval-shaped steel here in the UK and the plane-of-movement is incredibly comfortable for use.

RRP from: ~~£1,475.00~~

Our Price £1,399.00

You Save: £76.00 - 5 % Discount

<http://www.gymratz.co.uk/gq-iso-lat-row>



Part of the Impulse Stirling Series range of fully commercial strength equipment. This heavy duty range of plate loaded equipment has been supplied to a large number of establishments throughout the UK and Ireland. With a great feedback rating and amazing value for money.

RRP: ~~£1,390.00~~

Our Price: £973.00

You Save: £417.00 - 30 % Discount

<http://www.gymratz.co.uk/impulse-stirling-t-bar-row>



The Impulse Line Lat Pull Down from our Stirling range of light to mid duty equipment combines the economy of a pre-manufactured Lat Pull Down with the ruggedness of a the Barbarian Line of equipment. Our Stirling range of strength training equipment ticks all the boxes.....

RRP: £2,390.00

Our Price: £1,673.00

You Save: £717.00 - 30 % Discount

<http://www.gymratz.co.uk/impulse-stirling-pull-down>



The Impulse Line Low Row from our Stirling range of light to mid duty equipment combines the economy of a pre-manufactured Low Row with the ruggedness of a the Impulse Line of equipment. Our Stirling range of strength training equipment ticks all the boxes.

RRP: £2,390.00

Our Price: £1,673.00

You Save: £717.00 - 30 % Discount

<http://www.gymratz.co.uk/impulse-stirling-low-row>



An extremely nice priced piece of equipment that allows reverse hyper extended exercise benefits. This massively heavy duty product provides a sturdy base for lower back, glute and hamstring training. The power rack reverse hyper extension will give users a rock solid lower body.

Price: £475.00

<http://www.gymratz.co.uk/pr-reverse-hyper-extension>



Core Gym Equipment Plate Load Low Row. Made in U.K. and fabricated to meet design, strength and quality we demand from the commercial gym equipment we sell, the Core Low Row is a full commercial Plate Load Low Row Station made to the highest quality and finest engineering in the UK as we demand.

Price £1,950.00

<http://www.gymratz.co.uk/gymratz-core-low-row>



While our original T-Bar Row bench with chest support is still available this new multi-way, multi-adjustable ANIMAL version is rapidly becoming the preferred version due to it's unique flexibility and ergonomics that suit a wide range of users.

Price: £2,945.00

<http://www.gymratz.co.uk/gymratz-animal-t-bar-row-with-chest-support>



New for 2020 the GymRatz Core T-Bar Row - Hot off the price list, so new we're still waiting images and specification but one thing is for sure and that's that this T-Bar Row Station will match the design and quality of the rest of our Core Gym Equipment Range.

Price £975.00

<http://www.gymratz.co.uk/gymratz-core-gym-t-bar-row>



New for 2020 the GymRatz Gym Seated Row - great addition to your heavy duty plate loaded gym

Price £1,950.00

<http://www.gymratz.co.uk/gymratz-core-gym-seated-row>



New for 2020 the GymRatz Core Plate loaded lat Pulldown - Heavy Duty commercial equipment built to withstand the toughest of gym environments

Price £1,950.00

<http://www.gymratz.co.uk/gymratz-core-gym-plate-load-lat-pulldown>

Gym Ratz - (Fitness Equipment UK)

GymRatz - Fitness Equipment, 199 Avonmouth Road, Avonmouth, Bristol, BS11 9EG UK

Tel: 0845 86 86 888 Fax: 0870 4711 011