

Plate Load Leg Machines



The very latest design Standing Leg Curl machine - Possibly the most compact and economical Commercial Plate Load Standing Leg Curl Machine ever created. Being plate loaded not only means this standing leg curl machine is much cheaper than a weight stack equivalent but it is very compact, both...

Price: £2,070.00

<http://www.gymratz.co.uk/gymratz-plate-load-standing-leg-curl>



An absolute must-have item for any home gym or commercial free weights gym. The GymRatZ Commercial calf raise Block

Price: £170.00

<http://www.gymratz.co.uk/calf-raise-block>



Tough, basic and durable GymRatZ Seated Calf Raise for full commercial freeweight gyms. The GymRatZ Seated Calf Raise can be made in a variety of frame colours to suit your gym colour scheme.

Price: £1,540.00

<http://www.gymratz.co.uk/gymratz-seated-calf-raise>



If you're after an Iso Leg Extension Station, you won't find any better than this. GymRatZ plate load Iso Leg Extension Station. We've designed this leg machine to give the smoothest performance in it's class.

Price: £2,735.00

<http://www.gymratz.co.uk/gymratz-iso-leg-extension>



The GymRatZ 45 Degree Leg Press is a favourite of elite level trainers and sports clubs. The oversized foot plate and ultra-smooth motion make it incredibly comfortable. Whilst the heavy-duty construction means that it can take more weight than any other commercial leg press.

Price from £3,420.00

<http://www.gymratz.co.uk/gymratz-leg-press>



Super heavy duty Hack Squat. Solid construction from heavy gauge steel with thick durable upholstery. You won't bottom out or require a box on our Hack Squat Machine. The stop margin is at rock bottom, allowing you to comfortably perform ass to the grass hack squats.

Price: £3,280.00

<http://www.gymratz.co.uk/gymratz-hack-squat>



GRowler Prowler Pushing Sled is a must for rugby clubs and strength athletes alike, weather & space permitting. Made without compromise, the whole GRowler/Prowler is welded, ensuring it's as tough as you are! Now also available with removable uprights for ease of vehicular transportation.....

Price £720.00

<http://www.gymratz.co.uk/gymratz-growler-pushing-sled>



Complimenting our specialist range - Glute Ham Bench, Prowler, Football Bar, Safety Squat Bar, Fat Bars, ISO Stations, Reverse Hyper, Trap Bar etc. - of gym equipment, the Power Runner is another niche yet superb item ideal for explosive power training - sprinting, rugby, football etc.

Price: £3,215.00

<http://www.gymratz.co.uk/gymratz-power-runner>



Heavy-Duty Step-Up Platform, ideal for weighted step-ups and lunges. Fully adjustable height and stable for heavy use.

Price: £445.00

<http://www.gymratz.co.uk/gymratz-step-up-platform>



A very underestimated quadriceps exercise. Rather than simply holding onto framework to attempt a sissy squat, really feel the burn with this heavy-duty Sissy Squat leg brace. The Sissy Squat Platform is an excellent addition to any home or commercial gym, adding an extra workout station

Price: £495.00

<http://www.gymratz.co.uk/gymratz-sissy-squats>



This 450mm x 450mm (top) squat box can adjust from 320mm to 450mm in height making it adjustable for everyone. Made of heavy gauge steel to ensure maximal loads - designed to take up to 1000kg.

Price: £515.00

<http://www.gymratz.co.uk/gymratz-squat-box>



Variable height heavy-duty leg platform for a variety of exercises, such as step-ups and lunges. Or, equally good for plyometric exercises, such as box jumps, split squats. Ideal for sports-specific training environments. Now includes band pegs and transport wheels.

Price: £725.00

<http://www.gymratz.co.uk/gymratz-leg-platform>



Constructed from thick steel box section and fully welded (no bolts!), the 5 stackable plyo. boxes have a super grippy top surface and come in the following sizes: 1. 150mm tall 450 x 450mm, 2. 300mm tall 530 x 530mm, 3. 450mm tall 610 x 610mm 4. 610mm tall 690 x 690mm

Price: £940.00

<http://www.gymratz.co.uk/gymratz-stackable-plyo-boxes>



This is one beauty of a beast. The vertical leg press is a cracking exercise, not just for regular leg pressing but great for inverted calf "donkey" raises. With the highest grade and super-smooth Thompson Linear Bearings our Vertical Leg press just gets smoother and smoother as the years go by....

Price from £3,350.00

<http://www.gymratz.co.uk/vertical-leg-press>



The same superbly comfortable Seated Calf Raise we've been selling for years, but now offered with the addition to perform Dorsi Flexion for the Tibialis Anterior muscle which many folks don't even know exists let alone bother giving it the development it deserves. Check out our reviews..

Price: £1,895.00

<http://www.gymratz.co.uk/seated-calf-raise-dorsi-flexion>



High-quality 40mm linear bearings and chromed guides enable a smooth squat action. Features an over-sized foot-plate and thick durable padding for user comfort.

Price: £1,989.00

<http://www.gymratz.co.uk/gq-45-degree-hack-squat>



A rare item even in freeweight only gyms, the Donkey Calf Raise was a favourite of bodybuilders from "The Golden Era of Bodybuilding". Donkey Calf Raises are an excellent workout option to add to your calf training.

Price: £2,225.00

<http://www.gymratz.co.uk/gymratz-donkey-calf-raise>



Seated Calf Raise with the comfort of the pivot point being positioned behind the seat (so you move with the motion), as seen on the GymRatZ Seated Calf Raise. Features easy pop-pin adjustment for thigh pad.

Price: £689.00

<http://www.gymratz.co.uk/gq-seated-calf-raise>



I have long been an enthusiast of performing single-leg leg press. Normally though, I'd have to tuck my unused leg below the safety and shuffle myself in position to centrally locate my working leg - not exactly ideal so now we have the ultimate GYMRAZ ANIMAL LEG PRESS - it's a true beast!

Price from £5,370.00

<http://www.gymratz.co.uk/gymratz-monster-mono-leg-press>



High-quality 40mm linear bearings and chromed guides enable a smooth leg press action. Features an over-sized foot-plate (although not as big as found on the GymRatZ 45 Degree Leg Press) and thick durable padding for user comfort.

Price: £2,695.00

<http://www.gymratz.co.uk/gq-45-degree-leg-press>



Freestanding (so you weigh it down with weights!) Conan's Wheel for true strongman training. Renowned for making the heaviest duty kit in the UK, this is yet another strongman product in our arsenal. Also see: Log Bars, Car Lift Frame, Farmers Walk Handles, Axle Bars etc.

Price: £1,389.00

<http://www.gymratz.co.uk/conans-wheel>



A variation from our original Prowler (Prowler) sled, introducing the adjustable drive pad. As you'd expect, mainly popular with rugby clubs in order to strengthen scrummaging, but can be used for unique exercises like bear crawls also, as well as the standard pushing and pulling exercises you can

Price £850.00

<http://www.gymratz.co.uk/gymratz-growler-scrummager>

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Joining of array of strongman goodies, the Strongman Car Lift Frame. You may also wish to review our other strongman and strength training items, including Log Bars, Fat Bars, Conan's Wheel, Farmers Walk Handles etc. [CLICK HERE](#) to view the whole GymRatZ "specialist" range.

RRP: £1,395.00

Our Price: £995.00

You Save: £400.00 - 29 % Discount

<http://www.gymratz.co.uk/strongman-car-lift-frame>



As shown, one-piece heavy-duty pulling sled with holes for strap connection at either end (note: straps included). Ideal for adding variety to club rugby training or a great addition to any strength athletes workouts. For sled pulls, you may also want our pulling harness (see 'Related Items').

Price: £270.00

<http://www.gymratz.co.uk/pulling-sled>



Normally used as a "finisher" by powerlifters, the hip belt squat greatly reduces the requirement of the lower back when performing a squat, but keeps the emphasis on the quads and glutes. Sometimes the hip belt squat is considered by those with shoulder complaints that can no longer perform a

Price: £2,995.00

<http://www.gymratz.co.uk/gymratz-belt-squat-machine>



Made in the UK to the highest standard, this piece of kit takes it's inspiration from the US strength and conditioning scene. The Power Runner is a rare item in a UK gym, but what a USP for your strength and conditioning facility.

RRP from: £1,995.00

Our Price £1,895.00

You Save: £100.00 - 5 % Discount

<http://www.gymratz.co.uk/gq-power-runner>



Part of the Impulse Stirling range of fully commercial strength equipment. this heavy duty range of plate loading equipment has been supplied to many gym's throughout the UK and Ireland with very good feedback and great value for money.....Great equipment at a reasonable price.

RRP: £5,190.00

Our Price: £4,325.00

You Save: £865.00 - 17 % Discount

<http://www.gymratz.co.uk/impulse-stirling-leg-press>

 impulse



The Impulse Stirling Seated Calf Raise bench is a great addition to the Impulse Line of Gym Equipment.

Seated Calf Raise which directly targets the lower rhomboid shaped calf muscle that runs from the Achilles tendon up the lower leg and underneath the gastrocnemius "Calf" muscle

RRP: £1,390.00

Our Price: £748.00

You Save: £642.00 - 46 % Discount

<http://www.gymratz.co.uk/impulse-stirling-seated-calf-raise>



The Impulse Lines Rear Kick from our Stirling range of light to mid duty equipment combines the economy of a pre-manufactured Rear Kick with the ruggedness of a the Barbarian Line of equipment. Our Stirling range of strength training equipment ticks all the boxes. Barbarian Line of Gym Equipment

RRP: £2,190.00

Our Price: £1,533.00

You Save: £657.00 - 30 % Discount

<http://www.gymratz.co.uk/impulse-stirling-rear-kick>



Part of the Impulse Stirling range of fully commercial strength equipment. this heavy duty range of plate loading equipment has been supplied to many gym's throughout the UK and Ireland with very good feedback and great value for money.....Great equipment at a reasonable price.

RRP: £2,590.00

Our Price: £1,813.00

You Save: £777.00 - 30 % Discount

<http://www.gymratz.co.uk/impulse-stirling-seated-leg-press>



Part of the Impulse Sterling range of fully commercial strength equipment. this heavy duty range of plate loading equipment has been supplied to many gym's throughout the UK and Ireland with very good feedback and great value for money.....Time for serious equipment without the serious price

RRP: £2,190.00

Our Price: £1,533.00

You Save: £657.00 - 30 % Discount

<http://www.gymratz.co.uk/impulse-stirling-leg-extension>



Part of the Impulse Stirling range of full commercial strength equipment. this heavy duty Leg Curl station represents excellent value for money. A balance between our Super Heavy Duty GymRatZ Gym Equipment and light commercial/domestic Powertec and Bodysolid lines. Click for more details..

RRP: £2,290.00

Our Price: £1,603.00

You Save: £687.00 - 30 % Discount

<http://www.gymratz.co.uk/impulse-stirling-leg-curl>

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With a professional and modern look, this squat stand is great for gym use and home use likewise. Whilst being a sturdy and stable product it also allows you to use a 7 foot Olympic bar. It has the safety attachments and J hooks necessary allowing you to focus solely on the quality of your training.

Price: £989.00

<http://www.gymratz.co.uk/free-standing-squat-stand>



York STS 35 degree leg press - Full commercial warranty with plate storage posts. Stock Item - Delivery usually within 2 to 3 days. Delivered in

Price: £1,889.97

<http://www.gymratz.co.uk/sts-35-degree-leg-press>

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Designed for use on the FTS Flex Bench to change the leg hold down into a fully working leg extension and leg curl setup.

Price: £69.99

<http://www.gymratz.co.uk/york-fts-leg-developer>

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Designed for use on the FTS Flex Bench & The FTS Olympic Combo Bench to add extra functionality to your kit.

Price: £99.99

<http://www.gymratz.co.uk/york-fts-preacher-curl>



Elite Series , Hack Squat

Offering supreme functionality, high durability and an aesthetically sophisticated design, the Elite Series sets the benchmark for excellence in commercial selectorised strength equipment. The minimal space and budget requirements combined with the high performance, intuitive

Price: £1,590.00

<http://www.gymratz.co.uk/elite-hack-squat>



York STS Hack Squat/ front squat- Full commercial warranty. Stock Item - Delivery usually within 2 to 3 days. Delivered in

Price: £1,332.50

<http://www.gymratz.co.uk/sts-front-hack-squat>



Core Gym Equipment Heavy Duty Leg Press - New range for 2018 sees more Core Gym items added. Made in England and fabricated to meet design, strength and quality we demand from the commercial gym equipment we sell - Our Core range is typically available with much quicker lead-times

Price £3,250.00

<http://www.gymratz.co.uk/gymratz-core-gym-heavy-duty-leg-press>



Core Gym Equipment Hack Squat - New range for 2018 sees more Core Gym items added. Made in England and fabricated to meet design, strength and quality we demand from the commercial gym equipment we sell, the Core Hack Squat is right there, but with much quicker lead-times than our other fabricators

Price £2,495.00

<http://www.gymratz.co.uk/gymratz-core-gym-hack-squat>



Core Gym Equipment Commercial 45 degree Leg Press - New range for 2018 sees more Core Gym items added. Made in England and fabricated to meet design, strength and quality we demand from the commercial gym equipment we sell - Our Core range is typically available with much quicker lead-times

Price £2,495.00

<http://www.gymratz.co.uk/gymratz-core-gym-leg-press>



Full Commercial Sissy Squat Platform/bench made by Jordan Fitness to meet the demands of any commercial gym.

Sissy Squat is a great exercise for targeting the quadriceps an. Similar motion to a hack-squat but taking up no more space than a diningroom chair. Easy to move and made with high-grade pads

Price £550.00

<http://www.gymratz.co.uk/jordan-sissy-squat>



We've been waiting for a super heavy duty plate-load squat/hack machine for years. Ever since BodySolid created a home use one some... 15 or so years ago. Now we have a power squat machine more than capable of meeting the needs of our most hard-core, heavy duty gyms and users. With a lifetime frame

Price: £4,545.00

<http://www.gymratz.co.uk/gymratz-plate-load-power-squat>



Full welded, life time warranty keep the body positioned more upright in the squat. Great for anyone with restricted mobility or flexibility to ensure a more upright stance in the squat.

Price: £130.00

<http://www.gymratz.co.uk/commercial-squat-ramp>



New for 2020 the GymRatz Core Sissy Squat is a new sissy squat bench that's been added to the Core Gym Range along with many other items. Unfortunately at the moment we only have the price but as soon as we have more information we'll update the page.

Price £550.00

<http://www.gymratz.co.uk/gymratz-core-gym-sissy-squat>



New addition to our Animal range is this UPDATED vertical leg press. Based on our original traditional vertical leg-press this ANIMAL version features adjustable foot-plate, back pad and shoulder pads to enable the user to set the machine up precisely to meet their requirements...

Price: £4,445.00

<http://www.gymratz.co.uk/animal-vertical-leg-press>



New for 2020 the GymRatz Core Plate Load Lying Leg Curl Machine - Made in the UK for commercial gym use our Core Lying Leg Curl mates up perfectly to our Core Plate-Load Lying Leg Extension machine and the rest of our Core Gym Equipment Range. More details to follow...

Price £1,950.00

<http://www.gymratz.co.uk/gymratz-core-gym-lying-leg-curl>



The Impulse Stirling Standing Calf Raise bench is a great addition to the Impulse Line of Gym Equipment.

Standing Calf Raise which directly targets the gastrocnemius "Calf" muscle would be complimented by a seated calf machine which targets the lower calf action...

RRP: £2,290.00

Our Price: £1,391.00

You Save: £899.00 - 39 % Discount

<http://www.gymratz.co.uk/impulse-stirling-standing-calf-raise-url>



New for 2020 the GymRatz Core Plate Load Lying Leg Extension machine. This unit is so new we're still awaiting images, dimensions and general spec. but we do have the price and as such we've added it to our site ready for immediate update when further details are available...

Price £1,950.00

<http://www.gymratz.co.uk/gymratz-core-gym-lying-leg-extension>



New for 2020 GymRatZ introduce the Core Gym Plate Loaded Seated Calf Raise Machine - Made in the UK and built to meet the needs of the commercial gym we're glad to be able to add this new item to our existing range of quality gym stations...

Price £995.00

<http://www.gymratz.co.uk/gymratz-core-gym-seated-calf-raise>



True sissy squats are a very over-looked quadriceps exercise. Most likely due to the difficulty in performing them for reps. What this and every other "sissy squat" device is is more like a hack squat with regards to muscle recruitment and ergonomics but our adjustable version is great for reduced..

Price: £495.00

<http://www.gymratz.co.uk/gymratz-adjustable-sissy-squat-platform>

Gym Ratz - (Fitness Equipment UK)

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