

## **Resistance Bands**



If you are a casual resistance tube user or a professional taking classes we fail to see why anyone in their right mind would consider a lesser quality product. Being the lightest in the resistance tube range doesn't mean safety and quality is compromised. Multi-Strand safety for home or club use.

RRP: £10.49 Our Price: £8.39

You Save: £2.10 - 20 % Discount

http://www.gymratz.co.uk/resistance-tube-light



Often favoured for rehabilitation and Pilates, here we have latex Resistance Bands available in a choice of 3 strengths - Light, Medium, Strong. Please select your desired resistance band from the drop-down menu.

Price from£4.75

http://www.gymratz.co.uk/resistance-band



This range contains 6 coloured bands of different sizes and colours. These are great for Pre-habilitation and Re-habilitation and sports specific drills for sports such as MMA.

Price from£10.00

http://www.gymratz.co.uk/power-bands

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The gateway to workout anywhere, this Heavy Duty Resistance Loop is perfect for strengthening muscles and core conditioning as well as rehabilitation exercises. Available in five different strengths.

Price: £8.99

http://www.gymratz.co.uk/resistance-loop-extra-light

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The gateway to workout anywhere, this Heavy Duty Resistance Loop is perfect for strengthening muscles and core conditioning as well as rehabilitation exercises. Available in five different strengths.

RRP: £14.99 Our Price: £12.99

You Save: £2.00 - 13 % Discount

http://www.gymratz.co.uk/resistance-loop-ight

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The gateway to workout anywhere, this Heavy Duty Resistance Loop is perfect for strengthening muscles and core conditioning as well as rehabilitation exercises. Available in five different strengths.

RRP: £22.99

Our Price: £18.39

You Save: £4.60 - 20 % Discount

http://www.gymratz.co.uk/resistance-loop-medium

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The gateway to workout anywhere, this Heavy Duty Resistance Loop is perfect for strengthening muscles and core conditioning as well as rehabilitation exercises. Available in five different strengths.

RRP: £27.39

Our Price: £21.99

You Save: £5.40 - 20 % Discount

http://www.gymratz.co.uk/resistance-loop-strong



The Safety Resistance Trainer resistance is offered by nylon sleeved latex tube. Compared to the stranded rubber of the resistance trainer the latex has a greater stretch capability which means the resistance is more uniform over the stretch range. Great for commercial or re-hab. (Light Resistance)

Price: £14.99

http://www.gymratz.co.uk/safety-resistance-trainer-light

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The gateway to workout anywhere, this Heavy Duty Resistance Loop is perfect for strengthening muscles and core conditioning as well as rehabilitation exercises. Available in five different strengths.

RRP: £37.43

Our Price: £29.94

You Save: £7.49 - 20 % Discount

http://www.gymratz.co.uk/resistance-loop-extra-strong



The gateway to workout anywhere, this Heavy Duty Resistance Loop is perfect for strengthening muscles and core conditioning as well as rehabilitation exercises. Available in five different strengths.

Price: £44.97

http://www.gymratz.co.uk/resistance-loop-set3



The Safety Resistance Trainer medium resistance is a nylon sleeved latex tube. Compared to the stranded rubber of the resistance trainer the latex has a greater stretch capability which means the resistance is more uniform over the stretch range. Great for commercial or re-hab. (Medium Resistance)

Price: £16.00

http://www.gymratz.co.uk/safety-resistance-trainer-medium



The gateway to workout anywhere, this Heavy Duty Resistance Loop is perfect for strengthening muscles and core conditioning as well as rehabilitation exercises. Available in five different strengths.

Price: £85.97

http://www.gymratz.co.uk/resistance-loop-set4



This Squat Band Set from Fitness-Mad is a great training aid especially for glutes either for warming up or as part of a leg training session. Featured in most glute training videos by fitness enthusiasts and power lifting athletes this squat band set is an essential tool to increases the gluteus.

Price: £24.99

http://www.gymratz.co.uk/squat-band-set



The Safety Resistance Trainer Strong resistance is a nylon sleeved latex tube. Compared to the stranded rubber of the resistance trainer the latex has a greater stretch capability which means the resistance is more uniform over the stretch range. (Strong Resistance Band)

Price: £17.50

http://www.gymratz.co.uk/safety-resistance-trainer-strong



The Extra Strong Safety Resistance Trainer Strong resistance is a nylon sleeved latex tube. Compared to the stranded rubber of the resistance trainer the latex has a greater stretch capability which means the resistance is more uniform over the stretch range. (X-Strong Resistance Band)

Price: £18.49

http://www.gymratz.co.uk/safety-resistance-trainer-x-strong

Gym Ratz - (Fitness Equipment UK)

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